

NOTRE DAME HIGH SCHOOL

ROOTED IN TRADITION.

DRIVEN BY EXCELLENCE.



**CHARACTER**  
TO LEAD

**COMPASSION**  
TO SERVE

**CONFIDENCE**  
TO EXCEL

**CHARACTER**  
TO LEAD

**COMPASSION**  
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**CONFIDENCE**  
TO EXCEL

# **WELCOME to Notre Dame High School**



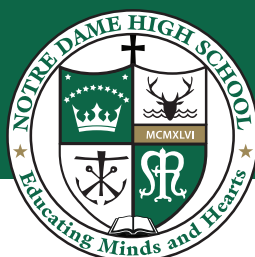
## **DISCOVER the ND ADVANTAGE.**

Notre Dame challenges students to be their best selves. A rigorous and cutting-edge academic program provides the foundation needed for success in college and beyond. Through award-winning extra-curricular and artistic activities, students find and develop their passions. Championship athletic teams create a winning culture for students, both on and off the field. Opportunities for volunteering and service remind our students of the importance of developing compassion and care for others.



In the Fall of 2025, Notre Dame High School entered an exciting new era  
of educational excellence by welcoming its first co-ed class!

All students now have the incredible opportunity to enjoy the benefits of a Notre Dame education,  
and develop the *Character to Lead*, the *Compassion to Serve*, and the *Confidence to Excel*.



## The **MISSION** of **NOTRE DAME**

To inspire academic excellence, nurture personal growth, and foster integrity and compassion  
in students of diverse talents, backgrounds, and beliefs through our Catholic, Holy Cross tradition.



# DEVELOP THE CHARACTER TO LEAD

## HOLY CROSS VALUES in TEACHING and LEARNING

Notre Dame High School is guided by the legacy and inspiration of the Brothers of Holy Cross. Our foundational values are: **Educating Minds and Hearts**, **Building Respect**, **Bringing Hope**, and **Being Family**.



*“How we educate the mind will change with the times;  
how we cultivate the heart is and will remain timeless.”*

BLESSED BASIL MOREAU CSC, FOUNDER OF THE CONGREGATION OF HOLY CROSS



“As an individual, Notre Dame has helped me grow both academically and professionally. ND’s ability to shape one’s mind in and out of the classroom and on and off the field has helped me become a well-rounded individual. From being exposed to many different people from many different backgrounds and being challenged rigorously in the classroom, I am confident that Notre Dame has prepared me to be an achiever beyond my high school years.” **WILLIAM BADER, CLASS OF 2026**

# 24

AVERAGE CLASS SIZE

# 14:1

STUDENT TO  
FACULTY RATIO

# 63

HONORS, AP, ECE,  
AND IB COURSES

# Minds & Hearts

## ADVISORY and ACADEMIC SUPPORT



The **Minds and Hearts Teacher Advisory** provides students with **daily mentoring** through a four year relationship that offers consistent support from the same **dedicated faculty advisor**. The Minds and Hearts Advisory connects students with a faculty mentor who cares about your grades and your growth as a person.

### Rita Benney Academic Center

- ✓ Individual and group tutoring by academic area, when you need it.
- ✓ Workshops on test preparation, time management, organization, and study techniques.
- ✓ Students with documented learning differences are provided services through regularly scheduled sessions.

## COURSE OFFERINGS

### ENGINEERING

Introduction to Engineering Design  
Principles of Engineering  
Digital Electronics  
Civil Engineering and Architecture  
Aerospace Engineering  
Honors Capstone: Engineering Design and Development

### ENGLISH

Moreau Honors English I, II  
English I, II  
Reading and Writing Strategies  
AP English: Language and Composition  
American Literature (Honors)  
American Reflection (Honors)  
Literature of Mythology and Folklore (Honors)  
African American Literature  
AP/ECE English Literature and Composition  
World Literature (Honors)  
American Rhetoric (Honors)



Gothic Literature and Graphic Novel (Honors)  
Literature Into Film

### FAITH FORMATION

Educating Minds and Hearts (Moreau Honors)  
Hebrew Scriptures (Moreau Honors)  
Church History  
Christian Morality  
Peer Counseling  
Global Issues  
Science and Religion  
Comparative Religions

### FINE ARTS

Art I, II, III, IV  
World Art  
Concert Chorus  
Drumline  
Concert Band  
Music Appreciation

### INTERNATIONAL BACCALAUREATE PROGRAM

IB English: Language & Literature  
IB Physics  
IB Italian  
IB Latin  
IB Spanish  
IB History of the Americas  
IB Psychology  
IB Biology  
IB Design Technology  
IB Math: Analysis and Approaches

IB Music  
IB Visual Art  
IB Theory of Knowledge

### LIFE SKILLS AND ENTREPRENEURSHIP

Life Skills  
Entrepreneurship  
Marketing

### MATHEMATICS

Algebra I (Honors)  
Algebra II (Honors)  
Geometry (Honors)  
Honors Trigonometry  
AP Statistics  
Pre-Calculus (Honors)  
Calculus (AP, Honors)  
Discrete Mathematics

### MODERN AND CLASSICAL LANGUAGES

Latin I, II  
Spanish I, II, III  
Italian I, II, III  
Honors Advanced Latin Prose  
Honors Advanced Latin Poetry  
AP Spanish IV  
ECE Spanish V  
ECE Italian IV  
Hispanic Culture

### SCIENCE

Conceptual Physics (Honors)  
Chemistry (Honors)  
Biology (Honors, ECE)  
Physics (Honors)



AP/ECE Physics  
Anatomy and Physiology  
Astronomy  
Infectious Disease  
Forensic Science  
Science Internship

### SOCIAL STUDIES

World Cultures (Moreau Honors)  
United States History (AP, Honors)  
AP US Government and Politics  
American Government (Moreau Honors)  
Modern United States History (Moreau Honors)  
Psychology  
Antisemitism and the Holocaust  
American Military History  
AP World History: Modern  
AP African American Studies

### SPORTS, EXERCISE, AND HEALTH SCIENCE PROGRAM

Sports Medicine  
Essentials of Strength and Conditioning  
Principles of Coaching  
Introduction to Exercise Physiology  
Fundamentals of Athletic Training

# 7

HONORS SOCIETIES

# 8

SIGNATURE ACADEMIC PROGRAMS

# 93%

OF FACULTY HAVE ADVANCED DEGREES



# SIGNATURE ACADEMIC PROGRAMS

## IB, AP, ECE

Notre Dame offers outstanding academic opportunities that challenge and inspire every student! Our **International Baccalaureate Program** develops globally-minded critical thinkers, while our **Advanced Placement courses** provide college-level rigor and the opportunity to earn college credit. Through our **Early College Experience partnership with UConn**, students can take university courses and get a head start on their college journey. These exceptional academic offerings, combined with our supportive community, prepare our students to excel at the most competitive colleges and universities worldwide.



## Sports, Exercise, and Health Science Program

Using state-of-the-art classrooms and guided **clinical experiences**, students have the opportunity to prepare for further study and **careers in the health sciences**.



## Engineering Program

The Engineering Program is aligned with **Project Lead the Way**, a nationally recognized academic program leading to college credit at eligible institutions. Students develop **21st-century skills**, such as creative problem-solving and collaboration, while using **cutting-edge technology**, including CAD (Computer Assisted Design) programs, flight simulators, and 3D printers.

## NDXL (Notre Dame Experiential Learning)

Sometimes the best education takes place **outside of the classroom**, the building, or even the country! Notre Dame dedicates a week each spring semester for students to get out of their comfort zone, develop a new skill, or explore a passion. Whether it is learning the **science of cooking**, assisting in **training service animals**, or exploring the **sites of Paris**, ND students put their classroom learning into practice in many different ways.



# COLLEGE COUNSELING at ND:

## Your Pathway to Success

A Notre Dame education delivers value that lasts long after graduation. Our **School and College Counseling** Office guides every student's journey - from their first day at ND to their next step after high school. **Dedicated Counselors** partner with students, parents, and teachers to ensure both academic and personal success.

### A dedicated COLLEGE ADMISSION ADVISOR supports students with:

- ✓ Building a smart, personalized college list.
- ✓ Crafting a standout college admission application and personal essay.
- ✓ Understanding financial aid and scholarship opportunities.

### ND students benefit from a UNIQUE MODEL:

- ✓ A **dedicated freshman school counselor** provides focused support during the **transition to high school**.
- ✓ The same counselor for sophomore through senior year ensures consistent guidance. This continuity helps **counselors truly know their students**, offer **tailored advice**, and prepare them for **success in college and beyond**.
- ✓ Minds and Hearts Faculty Advisory over four years. At ND, **we will know your son and daughter**.



"Notre Dame didn't just prepare me academically - they prepared me for life. My advisor knew my strengths, pushed me through challenges, and celebrated every victory along the way. The personalized support I received made all the difference in getting into my dream school. I'm heading to the University of Notre Dame not just ready to succeed, but confident in who I am."

Reamon Curis, Class of 2025 • University of Notre Dame, Class of 2029



A small sample of recent college acceptances.

**100%**  
OF COLLEGE  
APPLICANTS ADMITTED

**300+**  
DIFFERENT SCHOOLS  
ADMITTED OUR STUDENTS

**1400**  
COLLEGE APPLICATIONS  
SUBMITTED  
(AVERAGE 12 PER STUDENT)



# SERVICE is part of every year of a STUDENT'S JOURNEY.

Our Holy Cross mission reminds us that the education of the mind and the heart are equally important. Service is integrated into every year of study. Notre Dame students provide support and assistance to numerous organizations such as WHEAT, Purple Pantry, and Habitat for Humanity.



"The ND Appalachia trip was an incredible experience for our son. His eyes were opened to the world of extreme poverty and he was so moved by how just five days of service can make a lifelong impact on the struggles of those less fortunate. We cannot thank ND enough for helping to raise our son to be a charitable and compassionate young man."

PAUL BAUER '95, P'22, P'24

**100%**  
OF STUDENTS ENGAGE  
IN SERVICE

**20,000+**  
HOURS OF SERVICE  
PERFORMED ANNUALLY

**40+**  
STUDENTS ARE  
PEER COUNSELORS



School liturgies, an open chapel, an interfaith prayer room, and an active **Campus Ministry Center** in the heart of our Student Commons provide students with opportunities to bring prayer and reflection into their lives on a daily basis. Student-led retreats provide an opportunity to step away from daily routines and spend a few hours—or even a few days—reflecting on their lives.

Sometimes the best source of support for a student comes from another student. Through the **Notre Dame Peer Counseling Program**, carefully selected and trained seniors serve as mentors to the freshman class, and role models for the entire student body.






## GET INVOLVED

With over 50 student organizations, ranging from theater and music to engineering and robotics to community service, there is an activity for any interest. Don't see a club that matches your passion? Students are encouraged to create new ones every year!



We believe that getting involved in activities outside of class is so important, that we built a **Community Period** into every day's schedule. While students are routinely on campus before classes begin and well into the evening, the Community Period provides a time for students to meet with a club, explore a new passion, or simply blow off some steam with a game of pick-up basketball in the gym.

 <b>COMMUNITY PERIOD C DAY</b> 11:27AM - 12:27 PM, INCLUDING YOUR LUNCH WAVE																		
<b>GYM</b>  VOLLEYBALL	<b>OFFICE HOURS</b> Mrs. Coluccio - Room 202 Mr. John DeCaprio - Room 006 Mr. Furtak '02 - Room 004 Mrs. Graham - Room 208 Mrs. LaMonaca - Room 008		<b>LUNCH</b>  L1: 11:27am - 11:47am L2: 11:47am - 12:07pm L3: 12:07pm - 12:27pm															
	<b>CLUBS</b>  <table> <tr> <td>Book Club</td><td>Mrs. Abbott - 111</td><td>BSU</td><td>Mrs. Rafala - 203</td></tr> <tr> <td>SAT Prep Club</td><td>Mr. Yacono - 208</td><td>Interact</td><td>Mr. Molster '16 - 209</td></tr> <tr> <td>Pep Band</td><td>Mr. Bean - Music Rm</td><td>Math Team</td><td>Mr. Koomson - 106</td></tr> <tr> <td>Quiz Bowl</td><td>Mr. Bradley '19 - 211</td><td>Robotics</td><td>Dr. Valencia - Engr. Rm</td></tr> </table>		Book Club	Mrs. Abbott - 111	BSU	Mrs. Rafala - 203	SAT Prep Club	Mr. Yacono - 208	Interact	Mr. Molster '16 - 209	Pep Band	Mr. Bean - Music Rm	Math Team	Mr. Koomson - 106	Quiz Bowl	Mr. Bradley '19 - 211	Robotics	Dr. Valencia - Engr. Rm
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A sample Community Period schedule.

**100%**  
OF STUDENTS PARTICIPATE  
IN A CLUB OR ACTIVITY

**50+**  
CLUBS AND ACTIVITIES  
TO CHOOSE FROM

**16**  
HALO AWARD  
NOMINATIONS FOR THEATER



# At NOTRE DAME, there is an ACTIVITY for EVERYONE.



## ND CLUBS & EXTRACURRICULAR ACTIVITIES

3D Printing Club	Literary Magazine
Art Club	Liturgical Music
Beyblades and Pokemon Club	Math Team
Black Student Union	Mock Trial
Board Games & Lego Club	Model UN
Book Club	ND Aces - Card Game Club
BRO - Brothers Reaching Others	Outdoorsmen Club & Fishing Team
Chess Club	Pep Rally Committee
Craft and Create	Quiz Bowl
Debate Club	Robotics - Competitive Team
Dungeons and Dragons	Ronald Reagan Political Discussion Club
English National Honor Society	SAT Prep Club
eSports & Gaming Club	Science Club
Fantasy Sports	Scifi Fantasy Club
Fencing	Ski/Snowboard Club
Finance Club	SOL- Sharing Our Lives
Flight Sim and Drone club	St. Brother Andre Club
Holy Cross Student Mission Club	Strat-o-matic Baseball Club
Interact (Service Club)	Student Government Association (SGA)
Intramural Sports	SGA Executive Board
Jazz Club	Table Tennis Club
Knights at the Round Table	Theater and Stage Crew
Knights Errant Hiking Club	Volleyball
Latino Student Union (LSU)	Women Empowerment Club
Leadership Club	Yearbook



"I chose Notre Dame for the opportunity to be a trailblazer. I wanted to be part of the first class of female freshmen to graduate, to play on the very first girls' sports teams, and to join faith-based clubs for women. I'm excited to see all that my peers and I will accomplish together. As part of the Notre Dame family, I know our faculty and staff will guide us every step of the way." **MARY SOWITCKY, CLASS OF 2029**





# A TRADITION of EXCELLENCE

Whether you hope to be on the field playing the game or part of the Green Machine cheering your classmates on to victory, athletics are an important part of the Notre Dame tradition. Win or lose, the lessons learned through participating in athletics will resonate throughout your life.

## FALL SPORTS

**Cheer** *(girls)*  
**Crew** *(boys and girls)*  
**Cross Country** *(boys and girls)*  
**Football** *(boys)*  
**Soccer** *(boys and girls)*  
**Volleyball** *(girls)*

## WINTER SPORTS

**Basketball** *(boys and girls)*  
**Cheer** *(girls competitive)*  
**Dance Team** *(girls)*  
**Gymnastics** *(girls)*  
**Ice Hockey** *(boys and girls)*  
**Indoor Track** *(boys and girls)*  
**Swimming** *(boys and girls)*  
**Wrestling** *(boys and girls)*

## SPRING SPORTS

**Baseball** *(boys)*  
**Crew** *(boys and girls)*  
**Golf** *(boys and girls)*  
**Lacrosse** *(boys and girls)*  
**Outdoor Track** *(boys and girls)*  
**Softball** *(girls)*  
**Tennis** *(boys and girls)*





# Notre Dame Athletics CORE VALUES



## EXCELLENCE

Striving for the highest standards in competition, academics, and personal conduct.

## FAITH

Rooted in the Holy Cross tradition, we honor God in all that we do.

## CHARACTER

Building integrity, discipline, and resilience through athletics.

## TEAMWORK

Working together with trust, respect, and accountability.

## TRADITION

Carrying forward the pride and spirit of Notre Dame.

Grounded in the Holy Cross tradition, Notre Dame Athletics is committed to providing championship-level programs that challenge student-athletes to grow in skill, discipline, and character. We foster a culture of excellence, teamwork, and pride that reflects the spirit of Notre Dame and prepares our athletes to succeed on the field, in the classroom, and in life.





## Ready to APPLY to NOTRE DAME?

Your Notre Dame journey begins with your application. Our admission process is holistic, and includes the careful review of every part of your application. We are here to help your family as you explore Notre Dame and navigate the admission application process. We can't wait to get to know you!

Go to **NotreDameHS.com/APPLY** to start your application today.



### FRESHMAN Applicants

- ✓ Student Admission Application
- ✓ Principal or Guidance Counselor Recommendation
- ✓ English or Math Teacher Recommendation (8th grade)
- ✓ Report Cards for 6th, 7th, and 8th grade (when available)
- ✓ Standardized test scores

### TRANSFER Applicants

- ✓ Student Admission Application
- ✓ Principal or Guidance Counselor Recommendation
- ✓ English or Math Teacher Recommendation (current grade)
- ✓ Official High School Transcript and Standardized test scores
- ✓ Family Admissions Interview



# FINANCIAL AID and SCHOLARSHIP Information

We understand that investing in a Notre Dame education is a choice—one that we believe is well worth it for your future success. We also recognize that it often involves sacrifice on the part of your family, and we want to support you as much as we can. That's why we offer need-based financial aid and academic scholarships.

The priority deadline for financial aid and scholarship consideration is November 15. To be considered for need-based financial aid, families must complete the FACTS application, which opens on October 1.

## Admission and Financial Aid IMPORTANT DATES:

**AUGUST 1**

Application for Fall Admission Opens

**OCTOBER 1**

FACTS Application for Financial Aid Opens

**NOVEMBER 15**

Early Action Application Deadline  
Priority consideration for scholarships and financial aid

**WE ARE ALWAYS HERE TO OFFER ASSISTANCE!**

Please don't hesitate to contact us

Email: [admissions@notredamehs.com](mailto:admissions@notredamehs.com) Phone: (203) 937-3250

**NOV 15**

EARLY ACTION  
APPLICATION DEADLINE

**\$3M**

IN FINANCIAL AID  
OFFERED TO ND STUDENTS

**DEC 18**

EARLY ACTION ADMISSION  
DECISIONS RELEASED

## VISIT:

The best way to learn more about Notre Dame is to schedule a visit.

Go to:

**NotreDameHS.com/VisitND**  
to register for your visit today.

## DISCOVER:

What will the ND Advantage mean to you? Attend a family campus tour, student visit day, parent meet and greet, information session, or Open House to discover for yourself.

## APPLY:

Start your Notre Dame journey with your admission application.

Go to:

**NotreDameHS.com/Apply**  
to get started.



Scan QR Code  
to Learn More



# NotreDameHS.com

One Notre Dame Way | West Haven, CT | 203-937-3250

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